

# DOCTRINE OF FAITH-REST

- I. Definition and Introduction:**
- A.** This doctrine addresses the principle of Faith-Rest (F-R) and its application for the Christian.
  - B.** The terminology is based on the recognition of the veracity of BD and the immutable power of God behind it.
  - C.** Faith-Rest is the technique by which Divine promises (Bible doctrine resident in the soul) are applied to the experience (daily life) of the positive believer.
  - D.** A major part of Faith-Rest is thinking Divine Viewpoint.
  - E.** Faith-Rest trusts in God for all temporal and eternal blessings (salvation, living grace, SG<sub>2</sub>, dying grace, and SG<sub>3</sub>) through Bible doctrine in the soul.
  - F.** A breakdown of the term exposes the mechanics necessary to apply this technique in life:
    - 1.** Faith means believing the promises of God.
    - 2.** Rest means ceasing or not relying upon one's own human efforts and attributes, but relying on God to keep and fulfill His promises.
    - 3.** To F-R does not mean we are to cease in Divine good production and application of BD, but rather looks to God as the ultimate power and support in our applications.
    - 4.** F-R can be applied in circumstances within our control as well as those areas in which we have no human control.
  - G.** Proper function of the Faith-Rest technique in the Christian Way of Life, presupposes an understanding of the attributes of God such as Righteousness, Justice, Sovereignty, Omnipresence, Omniscience, Omnipotence, Veracity, Immutability, Love and Eternal Life.
  - H.** We must have the correct object for our faith; that object must have the necessary attributes to deliver the proposed terms and conditions established. It is detrimental to place our faith in anything or anyone that is weak, capricious, unstable, inconsistent, unfair, and unwilling or unable to control whatever situation is at hand.
  - I.** In the Lord, we have the perfect object for our faith; He is a perfect high priest, One who sympathizes with our weaknesses; through him, we can draw near with confidence to the throne of grace. Heb.4:15,16
- II. Mechanics of the Faith-Rest life (How it is done).**
- A.** Through the filling of God the Holy Spirit. Gal.5:22-23
  - B.** Through the function of GAP. Rom.10:17
  - C.** By application of Bible doctrine in testing. 1Cor.10:13; Jam.1:2-4,12; 1Pet.1:6,7
  - D.** Through spiritual maturity that produces occupation with Christ. Psa.37:4,5; Eph.4:11-16; Heb.12:1,2
  - E.** Hebrews 4:1-16 discusses various aspects of the Faith-Rest life.
  - F.** Recognize that volition is involved i.e., Abraham exercised faith in God and His promises because he chose to do so.

- III.** Faith-Rest and the Old Testament believer.
  - A.** Faith-Rest was the basic system of spirituality in the Old Testament. Hab.2:4; Rom.4:13-21; Heb.11:1-40
  - B.** Consistent Faith-Rest in spiritual growth was the basis for entering spiritual maturity; two prominent examples are Abraham and Daniel. Gen.17:15-27; Rom.4:18-21; Dan.6:1-22; Heb.11:33
  - C.** Failure to enter the Faith-Rest life results in Divine displeasure and discipline. Exo.17:1-7; Num.20:1-13; Deu.6:4-16; Psa.95:6-11; Heb.3:7-19
  - D.** Failure to apply the Faith-Rest technique produces self-induced misery and often leads to other sins. Gen.26:7
  
- IV.** Inner dynamics produced by the Faith-Rest technique.
  - A.** Faith-Rest produces a relaxed mental attitude (RMA).
  - B.** It promotes an absence of mental attitude sins, predominately in the fear category such as worry, anxiety, etc., though it directly impacts other areas also.
  - C.** Therefore, Faith-Rest overcomes fear and worry. Gen.15:1; Isa.41:10; Mat.10:24-31
  - D.** The application of Faith-Rest is living ones life in the light of BD, and produces protection to help keep the believer oriented to God's will and from fatal stumbling. Joh.11:9-10
  - E.** Faith-Rest produces inner peace of soul in the midst of the turmoil of life. Phi.4:6,7
  
- V.** Overt production and Faith-Rest.
  - A.** Faith-Rest is the basis for power in prayer. Mat.21:22; Mar.11:24
  - B.** Faith-Rest benefits those in your periphery. Exo.14:10-14; Heb.11:29
  - C.** Faith-Rest is also related to our SG<sub>3</sub>. Gen.22:1-18; Heb.11:17-19
  - D.** Whatever is not from faith is sin. Rom.14:23
  - E.** Without faith it is impossible to please God. Heb.11:6
  
- VI.** Faith-Rest and its level of application directly correlates to the function of GAP and the MAJG. Isa.26:3,4; 55:1-11; Psa.1:1-3
  
- VII.** Faith-Rest is related to victory in the Angelic Conflict. 1Joh.5:4
  
- VIII.** The protection of Faith-Rest is related to Bible doctrine and is symbolized by the shield. Eph.6:10-17 esp. vs.16